



Lake Chipican

START

FINISH

Para 12:30 / Novice Boys 1:00 / Novice Girls 1:30 (4050m)

Start.....LARGE BLUE loop.....RED loop.....Finish

Junior Boys 2:00 / Junior Girls 2:35 (5030m)

Start.....2 x LARGE BLUE loop.....RED loop.....Finish

Senior Boys 3:15 / Senior Girls 3:55 (6150m)

Start.....SMALL BLUE loop.....2 x RED loop.....Finish