|  |
| --- |
| L. K. S. S. A. A. SWIMMING |

**PLAYING REGULATIONS**

1. AWARDS

Winners of each individual event will be awarded a L.K.S.S.A.A. plaque. (max 1 plaque per swimmer. Example: if a swimmer wins two events, they still only receive 1 plaque).

Place ribbons will be awarded to the top six (6) finishers in each event including relays.

(max 4 per relay)

Annual plaque will be awarded to schools receiving the girls team championship, boys team championship, and the overall team championship.

In individual events points will be awarded to the top eighteen places as follows:

19, 17, 16, 15, etc. down to 1. Points will be awarded to the top 6 relay teams as follows: 38, 34, 32, 30, 28, 26.

Only one relay team can score per school.

1. Regular Season Meets

There shall be two league meets – one in November and one in December

1. CHAMPIONSHIP MEET

The meet shall be held the week before 1st semester exam break begins

Competition shall be held in the following divisions: open, high school (junior and senior) and Para. Eligibility for these divisions is defined in the O.F.S.A.A. Swimming Playing Regulations.

In order to compete in the LKSSAA Championship a student must compete in at least one sanctioned LKSSAA meet. Failure to compete in one of the two meets makes the student ineligible for LKSSAA championship competition.

For a school to enter swimmers at the L.K.S.S.A.A. meet, its swimming team must meet the eligibility requirements set out in O.F.S.A.A. Swimming Playing Regulations Article 7.

1. ENTRIES
2. Each school is allowed to enter three (3) swimmers in each Open and High School individual event.
3. Each school may enter two (2) relay teams per event with the only designated “A team scoring points toward the team championship.
4. A Para competitor who chooses to swim in the Para division may NOT swim in the corresponding event in the High School or the Open division. For other events, he/she may swim in the High School division only or the Open division only.
5. PLAYING RULES
6. SNC swimming rules will govern the competition at the L.K.S.S.A.A. meet except IPC rules that will govern the competition of the Para events.
7. Competitors may enter a maximum of four (4) events. However, if they enter the maximum at least one must be a relay.
8. There are not time standards to enter the L.K.S.S.A.A. championship.
9. The order of events will follow the O.F.S.A.A. order of events.
10. All events are timed finals.
11. All open and high school swimmers compete together with results and points separated later.
12. A protest must be brought in writing by the coach to the referee/convenor within thirty (30) minutes of the event in question.
13. There must be a minimum of two (2) staff members on the deck during warm up and competition to supervise.
14. The convenor is responsible for obtaining competent officials for the meet.
15. FIRST AID

Qualified life guards must always be on duty.

1. EXPENSES

The secretary-treasurer will calculate the total cost of the meet and divide it by the total number of athletes entered in the meet. This will be the entry fee per athlete.

**Modified Nov 2018**