

Track and Field Meet Schedule 2019

Wed. Apr. 24	LKSSAA Pre-Meet #1 <i>3pm</i>	Chatham (CKSS)
Wed. May 1	LKSSAA Pre-Meet #2 <i>3pm</i>	Petrolia (LCCVI)
Wed. May 8	LKSSAA Pre-Meet #3 <i>3pm</i>	Chatham (CKSS)
Tues. May 14, Wed. May 15	LKSSAA	Chatham (CKSS)
Wed. May 22	SWOSSAA (Day 1)	Windsor (University of Windsor)
Thurs. May 23	SWOSSAA (Day 2)	Chatham (CKSS)
Fri. May 31, Sat. June 1	Regionals	Cambridge (Jacob Hespeler SS)
Thurs. June 6 - Sat. June 8	OFSAA	Guelph (University of Guelph)

Pre-Meet Schedule

TRACK EVENTS	FIELD EVENTS
Pre-Meet #1 (CKSS) Wed. Apr. 24 400 100 1500 4 x 100	Girls Discus Boys Javelin Girls Long Jump (2 pits)
Pre-Meet #2 (LCCVI) Wed May 1 Sprint Hurdles 200 800 4 x 100	Shot Put (Girls then Boys) Boys Long Jump (2 pits) Midget High Jump (Girls then Boys)
Pre-Meet #3 (CKSS) Wed May 8 Steeplechase 400/300Hurdles (SB, SG, JG, MG, JB, MB) 100 800 4 x 100	Boys Discus Girls Javelin Triple Jump (Girls then Boys) (2 pits) Jr & Sr High Jump (Boys then Girls)